

WRPF Latvia Championship
“Baltic Cup”
05.04.2025.

Platform 1

Flow A - 10.00 - 10.45

Powerlifting (P)

Women (Squat)

Name, Surname	Age Group	Weight Category	Discipline
Sintija Knutova Ozerova	Open	60	P
Karina Kutakova	Master1	67.5	P
Bella Dzhambulatova	Master2	67.5	P
Veronika Anosova	Youth	67.5	P
Valerija Abakumova	Youth	67.5	P
Gintarė Vyšniauskaitė	Juniors	75	P
Sabina Vaitiekūnaitė	Open	67.5	P
Jurgita Krīgere	Open	110	P
Inguna Triņitatova	Master1	56	P
Marina Filatova	Master1	60	P

Flow B - 10.50 - 11.55
Powerlifting (P)
Men Youth (Squat)

Name, Surname	Age Group	Weight Category	Discipline
Kristians Romanovskis	Youth	75	P
Edžus Zvagulis	Youth	90	P
Valentīns Klevinskis	Youth	140	P
Ivans Goncarovs	Youth	60	P
Dainis Šuminskis	Youth	60	P
Raimonds Pavļiks	Youth	60	P
Maksims Rimšāns	Youth	67.5	P
Yevhen Syvokon	Youth	75	P
Daniils Žuravļovs	Youth	82.5	P
Timurs Markovs	Youth	82.5	P
Arturs Nogovicins	Youth	82.5	P
Aleksandrs Šeškausks	Youth	82.5	P
Georgijs Samuilovs	Youth	100	P
Ariels Mitjurņikovs	Youth	110	P

Flow A - 12.10 - 13.25
Powerlifting (P), Push&Pull (PP)
Women (Bench press)

Name, Surname	Age Group	Weight Category	Discipline
Sintija Knutova Ozerova	Open	60	P
Karina Kutakova	Master1	67.5	P
Bella Dzhambulatova	Master2	67.5	P,PP
Veronika Anosova	Youth	67.5	P
Valerija Abakumova	Youth	67.5	P
Gintarė Vyšniauskaitė	Juniors	75	P
Sabina Vaitiekūnaitė	Open	67.5	P
Inguna Triņitova	Master1	56	P
Marina Filatova	Master1	60	P
Inese Serda	Open	56	PP
Kristīne Morskova	Open	56	PP
Elena Silickienė	Open	67.5	PP
Jurgita Krīgere	Open	110	PP
Sņezana Zajaca	Master1	67.5	PP
Diana Rusina	Master1	67.5	PP
Ilze Ozoliņa	Master1	75	PP
Jeļena Bemberga	Master2	75	PP

Flow B - 13.35 - 14.55
Powerlifting (P), Push&Pull (PP)
Men Youth (Bench press)

Name, Surname	Age Group	Weight Category	Discipline
Kristians Romanovskis	Youth	75	P
Edžus Zvagulis	Youth	90	P
Valentīns Klevinskis	Youth	140	P
Ivans Goncarovs	Youth	60	P,PP
Dainis Šuminskis	Youth	60	P
Raimonds Pavļiks	Youth	60	P
Maksims Rimšāns	Youth	67.5	P
Yevhen Syvokon	Youth	75	P
Daniils Žuravļovs	Youth	82.5	P
Timurs Markovs	Youth	82.5	P
Arturs Nogovicins	Youth	82.5	P
Aleksandrs Šeškausks	Youth	82.5	P
Georgijs Samuilovs	Youth	100	P
Ariels Mitjurnikovs	Youth	110	P
Timurs Bičkovskis	Youth	82.5	PP
Valters Ivanovs	Youth	90	PP
Māris Edijs Grosbards	Youth	100	PP
Ivans Korohods	Youth	100	PP

Flow A - 15.10 - 16.30
Powerlifting (P), Push&Pull (PP), Dead Lift (DL)-
Women (Dead Lift)

Name, Surname	Age Group	Weight Category	Discipline
Sintija Knutova Ozerova	Open	60	P
Karina Kutakova	Master1	67.5	P
Bella Dzhambulatova	Master2	67.5	P,PP
Veronika Anosova	Youth	67.5	P
Valerija Abakumova	Youth	67.5	P
Gintarė Vyšniauskaitė	Juniors	75	P
Sabina Vaitiekūnaitė	Open	67.5	P
Inguna Triņitova	Master1	56	P
Marina Filatova	Master1	60	P, DL
Inese Serda	Open	56	PP
Kristīne Morskova	Open	56	PP
Elena Silickienė	Open	67.5	PP
Jurgita Krīgere	Open	110	PP
Sņezana Zajaca	Master1	67.5	PP
Diana Rusina	Master1	67.5	PP
Ilze Ozoliņa	Master1	75	PP
Jeļena Bemberga	Master2	75	PP, DL
Raivita Tuka	Open	56	DL
Viktorija Kimitjuka	Master1	75	DL

Flow B - 16.40 - 18.00
Powerlifting (P), Push&Pull (PP), Dead Lift (DL)-
Men Youth (Dead Lift)

Name, Surname	Age Group	Weight Category	Discipline
Kristians Romanovskis	Youth	75	P
Edžus Zvagulis	Youth	90	P
Valentīns Klevinskis	Youth	140	P
Ivans Goncarovs	Youth	60	P,PP, DL
Dainis Šuminskis	Youth	60	P
Raimonds Pavļiks	Youth	60	P
Maksims Rimšāns	Youth	67.5	P
Yevhen Syvokon	Youth	75	P
Daniils Žuravļovs	Youth	82.5	P
Timurs Markovs	Youth	82.5	P
Arturs Nogovicins	Youth	82.5	P
Aleksandrs Šeškausks	Youth	82.5	P
Georgijs Samuilovs	Youth	100	P
Ariels Mitjurnikovs	Youth	110	P
Timurs Bičkovskis	Youth	82.5	PP
Valters Ivanovs	Youth	90	PP
Māris Edijs Grosbards	Youth	100	PP
Ivans Korohods	Youth	100	PP, DL
Germans Letlans	Youth	67.5	DL